



A Region Steeped in Beauty, Soul & Heritage

Lusitano Heritage is not just a retreat — it is rooted in one of Portugal’s most culturally rich and meaningful regions.

We are located just 35 minutes from Lisbon International Airport, in the heart of a landscape where history, nature, and equestrian excellence meet.

To the east, the majestic Palácio de Mafra and the royal Tapada Nacional speak of centuries of nobility and balance with nature. Just minutes away lies Malveira, once home to Mestre Nuno Oliveira, the legendary classical dressage master whose philosophy of lightness and harmony continues to guide riders across the world.

To the west, the coastline opens to the charming fishing town of Ericeira — internationally ranked as the 4th best surf destination in the world. Its whitewashed houses, vibrant culture, and ocean energy offer the perfect balance to our peaceful inland sanctuary.

The hills surrounding us are dotted with windmills, nourished by clay-rich soil ideal for bread making and pottery, and alive with the quiet rhythms of rural life.

We are creating a modern sanctuary — bold in vision, regenerative in purpose, and deeply rooted in the heritage of this exceptional region.

In a fast-paced world, Lusitano Heritage offers something rare: A place to reconnect, to ride with soul, and to belong to something timeless.

THE VISION PLAN

A Vision of Soulful Connection, Nature, and Presence

A horse should be trained not only with knowledge, but with love. Mestre Nuno Oliveira

SECTION I: THE ORCHARD CABINS

Three handcrafted, dark-sky-friendly cabins placed with deep respect for the orchard's natural rhythm. Each designed as a quiet, private retreat and living art gallery. Stone walkways, birdsong, and heritage textures surround them.



Cabin 1: Heranca Tower

Inspired by traditional Portuguese dovecotes. Vertical structure, warm wood interior, stylist, minimalist with soul.

Cabin 2: Courtyard Calm

A gentle, earth-toned cube with internal patio. Shaded, contemplative, grounded.

Cabin 3: Nature Loft

Two-level woodland escape with a balcony tucked beneath the trees. Clean lines, natural curves.

Each cabin features:

Two bedrooms with private en suite bathrooms - Eco-sensitive lighting and water systems
Discreet art pieces that guests can buy Private views, shaded serenity, and silence. Stylish modern interiors with a focus in space and comfort.

SECTION II: THE WELLNESS CIRCLE (in the Orchard)

Lago do Silencio

A naturally filtered eco pond for meditation, stillness, and watching the stars.

O Respiro

Mini sauna and cold plunge tubs under olive branches. Breath, renewal, grounding.

Fogo da Heranca

A fire pit ring for storytelling, reflection, and quiet community.

The Orchard also Includes:

Bird baths and boxes placed throughout

Grass-threaded stone paths

Outdoor rain showers

Small movement deck (optional for breath-work or stretching)

Meditation pergolas for peaceful complementation



SECTION III: THE YOGA PLATFORM IN THE OLIVE GROVE

Terra de Corpo

Located in a grove near the paddocks and well, overlooking horses in the distance.

Design:

8x12 meter raised wooden platform

Oval or softened rectangle

Roofed with open or sliding wooden screens

No artificial lighting candle lanterns, morning sun

A single ceremonial stone or post engraved with a quote as follows ;

The horse does not pretend to be anything other than itself. That is its gift to us. Anonymous

Organic Vegetable and herb garden surround the platform and views through the olives trees to the horses paddocks. A natural stream runs through during the winter month and the well feeds the horses and vegetables.

SECTION IV: THE PADDOCKS

The horses paddocks are in the oak grove - 10 shady paddocks which provide a tranquil gentle environment for the horses. The guests can enjoy the view through the olives to the horse from the yoga platform. Or take a walk around greeting them.

SECTION V: THE HERITAGE CAFE

A stable-side gallery and viewing area:

Calm, elegant seating

Framed photography and paintings

Artisan goods, books, handmade ceramics - Journaling corner for guests

Quiet space to sip herbal teas and observe horses



SECTION VI: THE HERITAGE ARTISAN SHOP

A small selection of high quality hand made in Portugal products

- Hand made saddlery
 - Portuguese traditional clothing
 - Artwork
 - Wellness products
 - Handmade chocolate

SECTION VII : VILA ASCENSAO ESTATE

The farm house loving restored and extended into the loft to add space

The cottage rebuilt to match the house creating a small heritage estate area

The oaks and rare plants protected with adding extra top soil and preventing vehicle etc into the tree area.

Final Thought

This sanctuary is more than accommodation. It is a place of reconnection, presence, rhythm, and beauty. Each element flows into the next: the land, the horses, the people, the quiet.

Silence is the language of the soul. Rumi